



## Campo Family YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>YMCA Program</b> Gymnasium - Court A & B						7:30AM-7:00PM (Gym Schedule)	
<b>Lap Swim 8 Lanes</b> Pool						12:00PM-6:30PM (Lap Swim)	8:30AM-10:00AM (Lap Swim)  12:00PM-5:30PM (Lap Swim)
<b>Open Gym</b> Gymnasium - Court A & B							8:00AM-2:00PM (Gym Schedule)  4:00PM-6:00PM (Gym Schedule)
<b>Lap Swim 6 Lanes</b> Pool							10:00AM-12:00PM (Lap Swim)
<b>Stay and Play</b> GTE Youth Zone							12:00PM-4:00PM (Stay And Play)
<b>LES MILLS BODYPUMP™</b> Main Studio							12:00PM-12:30PM (Group Fitness) <i>Tiffani R.</i>  2:00PM-2:55PM (Group Fitness) <i>Carlos M.</i>
<b>Stay and Play</b> Stay and Play							12:00PM-4:00PM (Stay And Play)
<b>LES MILLS CORE™</b> Main Studio							12:30PM-12:55PM (Group Fitness) <i>Tiffani R.</i>
<b>LES MILLS BODYCOMBAT™</b> Main Studio							1:00PM-1:55PM (Group Fitness) <i>Tiffani R.</i>
<b>YMCA Program</b> Court B							2:00PM-4:00PM (Gym Schedule)
<b>Open Gym</b> Court A							2:00PM-4:00PM (Gym Schedule)
<b>LES MILLS BODYBALANCE™</b> KFC							3:00PM-3:55PM (Mind And Body) <i>Tabitha D.</i>



## Spurlino Family YMCA at Big Bend Road | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Swim Entire Pool</b> Lap Pool						7:30AM-6:00PM (Open Swim)	8:00AM-5:00PM (Open Swim)
<b>YMCA Program</b> South Court 3						8:00AM-7:00PM (Gym Schedule)	5:00PM-8:00PM (Gym Schedule)
<b>YMCA Program</b> North Court 1						8:00AM-5:30PM (Gym Schedule)	1:00PM-3:00PM (Gym Schedule)
<b>YMCA Program</b> North Court 2						8:00AM-5:30PM (Gym Schedule)	1:00PM-3:00PM (Gym Schedule)  5:00PM-8:00PM (Gym Schedule)
<b>YMCA Program</b> South Court 4						8:00AM-7:00PM (Gym Schedule)  8:00PM-4:00PM (Gym Schedule)	5:00PM-8:00PM (Gym Schedule)
<b>Open Swim Entire Pool</b> Splash Pool						11:00AM-5:30PM (Open Swim)	11:00AM-4:30PM (Open Swim)
<b>Open Swim Entire Pool</b> Warm Water Therapy						1:00PM-5:30PM (Open Swim)	1:00PM-4:30PM (Open Swim)
<b>Open Gym</b> Airnasium						1:00PM-5:00PM (Airnasium Schedule)	
<b>Open Gym-Basketball</b> North Court 1						5:30PM-7:00PM (Gym Schedule)	11:00AM-1:00PM (Gym Schedule)  3:00PM-5:00PM (Gym Schedule)
<b>Open Gym-Basketball</b> North Court 2						5:30PM-7:00PM (Gym Schedule)	11:00AM-1:00PM (Gym Schedule)  3:00PM-5:00PM (Gym Schedule)
<b>Open Gym-Adult Basketball</b> North Court 2							8:00AM-11:00AM (Gym Schedule)
<b>Open Gym-Adult Basketball</b> North Court 1							8:00AM-11:00AM (Gym Schedule)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Gym-Basketball</b> Airnasium							8:00AM-12:00PM (Airnasium Schedule)
<b>Open Gym-Basketball</b> South Court 4							8:00AM-10:00AM (Gym Schedule)  11:00AM-2:00PM (Gym Schedule)
<b>Open Gym-Basketball</b> South Court 3							8:00AM-10:00AM (Gym Schedule)  1:00PM-2:00PM (Gym Schedule)
<b>LES MILLS BODYBALANCE™</b> Mind Body Studio							10:00AM-10:55AM (Mind And Body) <i>Amber R.</i>
<b>Open Gym-Volleyball</b> South Court 3							10:00AM-1:00PM (Gym Schedule)  2:00PM-5:00PM (Gym Schedule)
<b>Open Gym-Volleyball</b> South Court 4							10:00AM-1:00PM (Gym Schedule)  2:00PM-5:00PM (Gym Schedule)
<b>Stay and Play</b> Stay & Play							10:00AM-2:00PM (Stay And Play)
<b>LES MILLS BODYCOMBAT™</b> Group Fitness Studio							10:15AM-11:10AM (Group Fitness) <i>Destiny C.</i>
<b>Open Swim Entire Pool</b> Slide							11:00AM-3:00PM (Open Swim)
<b>Stretch</b> Mind Body Studio							11:10AM-12:05PM (Mind And Body) <i>Kristine H.</i>
<b>LES MILLS BODYPUMP™</b> Group Fitness Studio							11:20AM-12:15PM (Group Fitness) <i>Destiny C.</i>
<b>Family Yoga</b> Mind Body Studio							12:15PM-1:00PM (Mind And Body) <i>Tatiana L.</i>
<b>Xtreme Hip Hop Step</b> Group Fitness Studio							1:00PM-1:55PM (Group Fitness) <i>Crystal B.</i>



## South Tampa Family YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>YMCA Program</b> Court 1A						8:00AM-6:00PM (Gym Schedule)	
<b>YMCA Program</b> Court 1B						8:00AM-6:00PM (Gym Schedule)	
<b>YMCA Program</b> Court 2B						8:00AM-6:00PM (Gym Schedule)	
<b>YMCA Program</b> Court 2A						8:00AM-6:00PM (Gym Schedule)	
<b>Open Gym-Adult Basketball</b> Court 2A							8:00AM-9:00AM (Gym Schedule)
<b>Open Gym-Adult Basketball</b> Court 1A							8:00AM-10:00AM (Gym Schedule)
<b>Open Gym-Adult Basketball</b> Court 1B							8:00AM-10:00AM (Gym Schedule)
<b>Open Gym-Adult Basketball</b> Court 2B							8:00AM-9:00AM (Gym Schedule)
<b>Open Gym</b> Court 2A							9:00AM-12:00PM (Gym Schedule)  4:00PM-5:00PM (Gym Schedule)
<b>Open Gym</b> Court 2B							9:00AM-12:00PM (Gym Schedule)  4:00PM-5:00PM (Gym Schedule)
<b>LES MILLS BODYPUMP™</b> Studio B							9:45AM-10:45AM (Group Fitness) <i>Janine M.</i>
<b>Open Gym</b> Court 1B							10:00AM-12:00PM (Gym Schedule)  4:00PM-5:00PM (Gym Schedule)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Gym</b> Court 1A							10:00AM-4:00PM (Gym Schedule)  4:00PM-5:00PM (Gym Schedule)
<b>LES MILLS BODYSTEP™</b> Studio B							11:00AM-11:55AM (Group Fitness) <i>Holly M.</i>
<b>Cycling</b> Cycle Studio							11:15AM-12:00PM (Cycle) <i>Kathy H.</i>
<b>Open Gym-Pickleball</b> Court 2A							12:00PM-4:00PM (Gym Schedule)
<b>Open Gym-Pickleball</b> Court 2B							12:00PM-4:00PM (Gym Schedule)
<b>Open Gym-Pickleball</b> Court 1B							12:00PM-4:00PM (Gym Schedule)
<b>LES MILLS BODYBALANCE™</b> Studio A							12:15PM-1:10PM (Mind And Body) <i>Holly M.</i>
<b>The Challenge</b> Studio B							4:30PM-6:00PM (Group Fitness) <i>Lynn P.</i>



## New Tampa Family YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>YMCA Program</b> Green Hoop (Court 1)						8:45AM-6:00PM (Gym Schedule)	
<b>YMCA Program</b> Yellow Hoop (Court 2)						8:45AM-6:00PM (Gym Schedule)	
<b>YMCA Program</b> Blue Hoop (Court 2)						8:45AM-6:00PM (Gym Schedule)	
<b>YMCA Program</b> Red Hoop (Court 1)						8:45AM-6:00PM (Gym Schedule)	
<b>Lap Swim 8 Lanes</b> Pool						2:30PM-5:30PM (Lap Swim)	10:30AM-4:00PM (Lap Swim)
<b>Open Gym</b> Red Hoop (Court 1)							10:00AM-4:30PM (Gym Schedule)
<b>Open Gym-Badminton</b> Blue Hoop (Court 2)							10:00AM-1:00PM (Gym Schedule)
<b>Open Gym-Badminton</b> Yellow Hoop (Court 2)							10:00AM-1:00PM (Gym Schedule)
<b>Open Gym</b> Green Hoop (Court 1)							10:00AM-4:30PM (Gym Schedule)
<b>Stay and Play</b> Stay & Play							1:00PM-4:30PM (Stay And Play)
<b>Open Gym</b> Blue Hoop (Court 2)							1:00PM-4:30PM (Gym Schedule)
<b>Open Gym</b> Yellow Hoop (Court 2)							1:00PM-4:30PM (Gym Schedule)
<b>Stay and Play</b> Youth Zone							1:00PM-4:30PM (Stay And Play)
<b>LES MILLS BODYPUMP™</b> Studio A							2:00PM-3:00PM (Group Fitness) <i>Shawna T.</i>
<b>Yoga</b> Studio A							3:15PM-4:35PM (Mind And Body) <i>Stephanie H.</i>



# North Brandon Family YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Gym</b> Basketball Full Court						1:30PM-5:55PM (Gym Schedule)	10:00AM-2:30PM (Gym Schedule)  4:30PM-4:55PM (Gym Schedule)
<b>Open Swim Entire Pool</b> Pool							11:00AM-4:00PM (Open Swim)
<b>Warrior Rhythm</b> Group Ex Room							1:00PM-2:00PM (Mind And Body) <i>Marie P.</i>
<b>Open Gym-Pickleball</b> Basketball Court 2							2:30PM-4:30PM (Gym Schedule)
<b>Open Gym-Basketball</b> Basketball Court 1							2:30PM-4:30PM (Gym Schedule)



**Bob Sierra Family YMCA | August 18th - August 24th**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Gym</b> Courts 1 & 2						2:00PM-5:30PM (Gym Schedule)	10:00AM-4:30PM (Gym Schedule)
<b>Lap Swim 6 Lanes</b> Pool						11:30PM-4:00PM (Lap Swim)	10:30AM-4:00PM (Lap Swim)
<b>Open Swim 2 Lanes</b> Pool							10:30AM-4:00PM (Open Swim)
<b>LES MILLS BODYCOMBAT™</b> Group Ex Room							11:00AM-11:55AM (Group Fitness) <i>Jenn G.</i>
<b>Stay and Play</b> Stay and Play							11:00AM-2:00PM (Stay And Play)
<b>Yoga</b> Group Ex Room							12:15PM-1:10PM (Mind And Body) <i>Tanya G.</i>
<b>Cycling</b> Cycle Studio							1:00PM-2:00PM (Cycle) <i>Paul C.</i>





Plant City Family YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Gym</b> Gymnasium - Court A & B						2:00PM-5:00PM (Gym Schedule)	
<b>Open Gym-Pickleball</b> Gymnasium - Court A							10:00AM-12:00PM (Gym Schedule)
<b>Stay and Play</b> Stay and Play							11:00AM-2:00PM (Stay And Play)
<b>Lap Swim 4 Lanes</b> Pool							11:00AM-12:00PM (Lap Swim)  12:00PM-4:00PM (Lap Swim)
<b>Open Gym</b> Gymnasium - Court B							12:00PM-5:00PM (Gym Schedule)



**West Park Village YMCA Express | August 18th - August 24th**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Yoga</b> Group Fitness Studio							8:15AM-9:10AM (Mind And Body) <i>Amy C.</i>
<b>LES MILLS BODYCOMBAT™</b> Group Fitness Studio							9:30AM-10:30AM (Virtual)



Bob Gilbertson Central City Family YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS SPRINT™ Cycle Studio							10:15AM-10:45AM (Cycle) <i>Rachel M.</i>
LES MILLS BODYBALANCE™ Mind Body Studio							12:30PM-1:25PM (Mind And Body) <i>Michelle H.</i>



Northwest Hillsborough Family YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Zumba Group Fitness Studio							10:30AM-11:25AM (Group Fitness) <i>Mila A.</i>