# May Family Activities
## North Brandon Family YMCA

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>PROGRAM HIGHLIGHTS AND SPECIAL EVENTS</strong></td>
<td><strong>PROGRAM HIGHLIGHTS AND SPECIAL EVENTS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>2 Toddler Play Day 10:00am Family Yoga 5:15 pm</td>
<td>3 YAC Craft Time 5:15 pm</td>
<td>4 Toddler Play Day 10:00am</td>
<td>5 Tumble Time 10:00am</td>
<td>6 Youth Wellness Orientation Parent’s Night Out–Traditional 5:30pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>7 Toddler Play Day 10:00am Family Yoga 5:15 pm</td>
<td>8 YAC Craft Time 5:15 pm</td>
<td>9 Toddler Play Day 10:00am</td>
<td>10 Tumble Time 10:00am</td>
<td>11 Youth Wellness Orientation 9:30am</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>15 Family Flow 4:30 pm</td>
<td>16 Toddler Play Day 10:00am Family Yoga 5:15 pm</td>
<td>17 YAC Craft Time 5:15 pm</td>
<td>18 Toddler Play Day 10:00am</td>
<td>19 Tumble Time 10:00am</td>
<td>20 Youth Wellness Orientation 9:30am Parent’s Night Out–Preschool 5:30pm</td>
</tr>
<tr>
<td></td>
<td>21 Family Flow 4:30 pm</td>
<td>22 Toddler Play Day 10:00am Family Yoga 5:15 pm</td>
<td>23 YAC Craft Time 5:15 pm</td>
<td>24 Toddler Play Day 10:00am</td>
<td>25 Tumble Time 10:00am</td>
<td>26 Youth Wellness Orientation 9:30am</td>
</tr>
<tr>
<td>28</td>
<td>29 Family Flow 4:30 pm First Day of Camp</td>
<td>30 Family Yoga 5:15 pm</td>
<td>31 YAC Craft Time 5:15 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**ACTIVITIES** | **PROGRAMS** | **EVENTS**
Family Flow
Mondays at 4:30pm
A 45 minute parent-child class incorporating kid-friendly yoga-based poses in a fun, relaxed setting.

Toddler Play Day
Tuesday and Thursday 10:00-10:45am
Parents and children (crawlers-24mo) come together for music and movement that will stimulate little minds and bodies.

Family Yoga
Tuesdays at 5:15pm
Join us in the multipurpose room for a parent-child class incorporating kid-friendly yoga-based poses in a fun, relaxed setting.

YAC Craft Time
Wednesdays at 5:15pm
Check your youth into the YAC and let them join us Wednesdays for a special craft!

KidZone Tumble Time
Fridays at 10:00 am
While you work out let us take your little tikes into the gymnastics room to learn new tricks and practice their flips! This is the last month of Tumble Time till August!

Open Gym
Fridays at 7:00pm
Is your child interested in gymnastics? Always begging you to let them go play? Children ages 6+ are invited to participate in open gym. Registration is required.

Parents Night Out
Saturday, May 6th 5:30pm—9:30 PM
Who doesn’t need a night off? Program for kids ages 5-12. Kids hang out and have an AWESOME time at the Y, while parents get a night out! Kids will enjoy an evening with games & activities! *Small fee applies Pre-registration required.

Parents Night Out—Preschool Style!
Saturday, May 20th 5:30pm—9:30 PM
Who doesn’t need a night off? Program for kids ages 3-12. Kids hang out and have an AWESOME time at the Y, while parents get a night out! Kids will enjoy an evening with games & activities! *Small fee applies Pre-registration required. Children must be potty trained.

Summer Palooza
Saturday, June 3rd 1pm-4pm
School is out, it is time to kick off summer! Join us for an epic pool party full of fun! This event is free to the community, so bring a friend.