



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Pre-Season Basketball Workshop

The National Basketball Academy has teamed up with the New Tampa Family YMCA to provide players in the area with a high level basketball skill development clinic. The Pre-Season workshop will be led by Coach Jack Lutzeier of the National basketball Academy who has coached in many countries around the world and thousands of players.

Spots are Limited!!!!

Workout Will Include:

- Individual player development
- Footwork & Coordination
- Ball Handling & Shooting
- Team Work Skills

Dates:

Registration September 18– November 12

Clinic November 18, 25 & December 2 and 9

Age and Times:

7-10 year olds 9:30 am-10:30 am

11-14 year olds 10:30 am-11:30 am

15+ year olds 11:30 am-12:30 pm

Price:

Everywhere- \$45

Here- \$60

Non-member-\$75

