

Tampa Metropolitan Area



INTERBAY-GLOVER FAMILY BRANCH

Group Exercise Schedule Youth Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30						Youth Judo
Noon						Kids Yoga
3:00-3:45	Planet Kidz Age 4-7	3:30-4:30 Planet Kidz Age 8-12	Planet Kidz Age 4-7	3:30-4:30 Planet Kidz Age 8-12	Planet Kidz Age 4-7	
3:45-4:30	PlanetKidz Age 8-12		PlanetKidz Age 8-12		PlanetKidz Age 8-12	
5:00-5:45		Teen SPIN [™] Age 13-17 Required height 4'11"		Teen SPIN [™] Age 13-17 Required height 4'11"		
7:30		Youth Judo				

The charity where you belong.